



Cindy's Shower Menu

Select One Soup or Salad

Soup du Jour

House Salad

Select One Sandwich or Quiche

Quiche Lorraine

with bacon & caramelized onions

Spinach, Tomato, Swiss & Farmers' Cheese Quiche

Asparagus, Mushroom & Provolone Quiche

Hummus on Half Pita

with spinach, cucumber, & tomato

Ham Wrap

with spinach & creamy farmers' cheese

Grilled Cheese

with tomato on choice of white or whole wheat

Dessert

Jumbar Chocolate Raspberry Cake

MENU *mad*

CHOOSE ONE FROM EACH SECTION

Chilled Cantaloupe Soup
WITH FRESH BLUEBERRIES

Garden Salad
WITH HOUSE BALSAMIC VINAIGRETTE

*Spinach, Tomato, Swiss
& Farmer's Cheese Quiche*

Quiche Lorraine
WITH CARMELIZED ONIONS & BACON

Veggie Hummus Pita
WITH CUCUMBER, TOMATO, & SPROUTS
IN A WHOLE WHEAT PITA

*Ham, Spinach, &
Farmer's Cheese Wrap*
IN A WHOLE WHEAT FLOUR TORTILLA

Jumbar's Meatloaf
WITH TOMATO & DIJON MAYO ON HOUSE
MADE WHOLE WHEAT BREAD

Unsweetened Iced Tea
Organic Iced Green Tea
Coca-Cola, Diet Coke, Sprite

Coffee or Hot Tea
WITH DESSERT FROM XYZ BAKERY



Tonight's Dinner Menu

FIRST COURSE

House Salad
*with Balsamic Vinaigrette
or Soup du Jour*

CHOICE OF ENTRÉE

*Entrées are accompanied by
seasonal vegetables & your choice of mashed
potatoes, roasted potatoes, or rice pilaf.*

Teriyaki Glazed Salmon
Fillet of Salmon
*with a ginger soy vinaigrette
& crispy leeks*

Stuffed Flounder
with crab & a lemon butter sauce

Honey Mustard Glazed
Pork Tenderloin

CHOICE OF BEVERAGE

Unsweetened Iced Tea
Coca Cola or Diet Coke
Coffee or Hot Tea

DESSERT

*A variety of pies, cakes
& other pastries will be
offered for dessert.*



MIA
& Doug's
REHEARSAL DINNER

FIRST COURSE

House Salad
with balsamic vinaigrette

French Rolls
with butter

MAIN COURSE

choice of:

Honey Mustard Pork Tenderloin
served with vegetable and rice pilaf

Chicken and Penne Pasta
with mixed vegetables and an asiago cream sauce

BEVERAGE

choice of:

Unsweetened Iced Tea

Iced Green Tea

Coca Cola

Diet Coke

Sprite

Coffee


Hot Tea

DESSERT

choice of:

Fumble Berry Pie
apple, raspberry, blueberry and blackberry

Coconut Custard Pie





menu

Please choose one from each course.

FIRST COURSE

Chilled Cucumber Soup

with dill

Fresh Fruit Cup

MAIN COURSE

Quiche Lorraine

with bacon & caramelized onions, served with a side salad topped with house balsamic vinaigrette

Broccoli Cheddar Tomato Quiche

served with a side salad topped with house balsamic vinaigrette

**Ham, Spinach & Farmer's
Cheese Wrap**

served with a side salad topped with house balsamic vinaigrette

Chicken Waldorf Salad

chicken salad with apples & grapes on a bed of mixed greens with roasted walnuts & our house raspberry vinaigrette

Grilled Vegetable Panini

with spinach, tomatoes, zucchini, roasted red peppers, mozzarella and asiago cheeses served with a side salad topped with house balsamic vinaigrette

BEVERAGE

Unsweetened Iced Tea

Organic Iced Green Tea

Coca Cola, Diet Coke. or Sprite

Coffee or Hot Tea

CUPCAKES

Chocolate Raspberry

White Cake

with chocolate buttercream

Carrot Cake

Strawberry Vanilla

with strawberry Italian buttercream